

# Bistro 1051

Sushi menu on back

# Lunch Menu

Italian Seafood Grill & Sushi Bar  
1051 Raritan Road, Clark, NJ 07066 (Across from new A & P Store)  
Tel: 732-680-1051 • Fax: 732-680-1055 • www.bistro1051.com

**Delivery Available**  
BYOB

## Appetizers

Soup - Spicy Maryland Crab	5.95
Prince Edward Mussels. with white or red sauce	6.95
Crispy Calamari with marinara sauce	7.95
Stuffed Mushrooms with crabmeat	7.95
Dynamite Shrimp with bistro sauce	9.95
Clams Bistro - baked, prosciutto, herbs	8.95
Steamed Littleneck Clams - white or red sauce	8.95
Jumbo Lump Crabmeat Cocktail with mediterranean vinaigrette	9.95
Crab Cake with baby greens	9.95

## Salads

Field Greens - red wine vinaigrette chopped onions, tomato	5.95
1051 Caesar - romaine hearts, avocado, crisp tortilla, parmesan lemon vinaigrette	5.95
Mediterranean Salad - feta cheese, tomatoes, cucumbers, red onions, black olives, lemon vinaigrette	7.95
Beet - Marinated goat cheese, apples, toasted walnut vinaigrette	8.95
Pear Endive - crisp endives tossed with baby greens, bosc pears, walnuts & aged roquefort cheese with sherry vinaigrette	8.95
Strawberry Salad with strawberries, walnut encrusted goat cheese, baby greens, endives, honey balsamic vinaigrette	8.95
Calamari Salad - miso, citrus vinaigrette, baby greens	8.95
* Seared Pepper Tuna Salad - mixed greens, wasabi vinaigrette	11.95
<i>add chicken 2.95 • add shrimp 6.95 • add steak 6.95</i>	

## Brick Oven Flat Bread

Fresh Tomato Sauce, with mozzarella, pecorino, basil, extra virgin olive oil	6.95
Four Cheese - mozzarella, fontina, ricotta, romano cheeses	7.95
Grilled Shittake Mushrooms, with red onions, goat cheese	8.95
Chicken, with spinach, mozzarella, tomato, basil	8.95
* Dynamite Shrimp with Bistro Sauce fresh mozzarella and blue cheese	9.95
* Crab with Cherry Tomatoes fresh mozzarella, light tomato sauce	9.95
Vodka Sauce, prosciutto, mozzarella	7.95
<i>add chicken, sausage, pepperoni, mushrooms, onions, anchovies, 1.95</i>	
<i>add shrimp 3.95</i>	

## Wraps & Sandwiches (Whole Wheat - Flour Tortilla)

Served with French Fries

Chicken Parmigiana Wrap or Sandwich	7.95
Grilled Chicken BLT Wrap with bacon, lettuce and tomato or Sandwich	7.95
Grilled Chicken, Avocado, Tomatoes Salad Wrap or Sandwich	7.95
Grilled Chicken, Smoked Bacon, Cheddar Sandwich or Wrap	7.95
* Grilled Chicken with fresh mozzarella, spinach	8.95
Grilled Chicken Caesar Wrap	7.95 w/steak 8.95
* Grilled Chicken Quesadilla	8.95
* Turkey Guacamoli with bacon, cheddar	8.95
Shrimp Tempura Wrap Lettuce, tomato, spicy mayo	9.95
Grilled 8 oz. Bistro Burger Caramelized onions, smoked bacon, and aged cheddar	9.95
* Philly Steak Sandwich Caramelized onions, mushrooms and cheese	9.95
* Crab Cake Sandwich	9.95
* Soft Shell Crab Sandwich	9.95

## Pasta

Cappellini- tomato and basil, fresh mozzarella	7.95
Penne Vodka - prosciutto, vodka tomato cream	7.95
* Cheese Ravioli	8.95
Rigatoni alla Boscaiola with chunks of ground sausage, peas, and mushrooms in a light parmigiana cream sauce	8.95
Gnocchi Bolognese - homemade potato gnocchi in fresh meat sauce	9.95
Linguine- clams, bacon, basil, roasted garlic, white or red	10.95
Grilled Shrimp - w/ tri-color fettuccini seafood cream sauce	15.95
Seafood Linguine - scallops, mussels, shrimp, clams, calamari, & spicy tomato sauce	19.95
<i>add chicken - 3.95 add shrimp 6.95</i>	

## Chicken, Veal & Meat

Chicken Bistro	10.95
lightly breaded, sauteed & topped with tomato, red onion & mixed salad, mozzarella cheese	
Chicken Irene	11.95
egg battered chicken, with lemon butter sauce	
Veal Ava	13.95
with prosciutto, mozzarella cheese, tomato, mushrooms, served over sauteed organic spinach in a sherry wine sauce	
Veal Bistro	13.95
veal lightly breaded, sauteed and topped with tomato red onion, mixed salad, mozzarella cheese	

## Seafood

Tilapia Oreganato over linguine	13.95
Grilled Salmon, sauteed baby spinach, sundried tomatoes	15.95
Sea Scallops - over vegetable risotto	16.95

## Health Section (Low Carb)

* Grilled Chicken Platter w/ spinach and vegetables	8.95
* Vegetable Tower with Goat Cheese	9.95
* Grilled Chicken Bistro mixed salad with tomato, red onion, mozz. cheese	10.95
* Whole Wheat Fettuccini with grilled chicken, asparagus, sundried tomatoes, roasted garlic and olive oil	14.95



## Appetizers

- MISO SOUP 1.95**
- EDA MAME \$3.95**  
Steamed young soybean
- SHRIMP GYOZA \$4.95**  
Steamed shrimp dumplings
- VEGETABLE GYOZA \$3.95**  
Steamed vegetable dumplings
- PORK GYOZA \$3.95**  
Steamed pork dumplings
- TUNA TARTAR \$6.95**  
Chopped tuna with caviar, onions, scallions & spicy sauce
- PEPPERED TUNA \$9.95**  
Seared blackened tuna with wasabi mayonnaise tobiko and scallions
- CRISPY RICE \$8.95**  
With spicy tuna or crab

## Salads

- IKA SUNSET \$4.95**  
Smoked squid salad
- SEAWEED \$3.95**
- SPICY CRAB \$4.95**  
Crab & cucumber with spicy sauce
- TUNA TATAKI SALAD \$8.95**  
Seared tuna over sliced tomatoes and micro greens with suracha hot sauce and a ponzu sauce
- GINGER SALAD \$3.95**  
Mixed greens with ginger sauce

## Rolls or Hand Rolls

6 piece rolls / 1 cone

White & Brown Rice Available

- Alaska Roll** ..... \$3.95  
Smoked salmon, avocado, & cucumber
- Boston Roll** ..... \$4.95  
Shrimp, lettuce, & mayo
- California Roll** ..... \$3.95  
Crabstick, avocado, cucumber
- Cucumber Roll** ..... \$3.95  
Cucumber inside and seaweed outside
- Avocado Roll** ..... \$3.95  
Avocado inside and seaweed outside
- Christmas Roll** ..... \$4.95  
Tuna, salmon, avocado, & caviar
- Philly Roll** ..... \$4.95  
Smoked salmon, avocado, & cream cheese
- Eel Avocado** ..... \$4.95
- Eel Cucumber** ..... \$3.95
- Spicy Tuna Roll** ..... \$3.95
- Spicy Crab Roll** ..... \$3.95
- Spicy Salmon, Crunchy** ..... \$3.95
- Spicy Shrimp Roll** ..... \$3.95
- Spicy Yellowtail** ..... \$3.95
- Vegetable Roll** ..... \$3.25  
Avocado, cucumber, carrot
- Shrimp Tempura** ..... \$5.95

### BISTRO SPECIAL ROLLS

- 1051 Roll** ..... \$7.95  
Shrimp, tempura, spicy tuna, soybean paper, spicy mayo
- Benny Hana Roll** ..... \$6.95  
Crab and cucumber inside; spicy yellowtail and avocado on top
- Bistro Roll** ..... \$7.95  
Shrimp tempura, avocado, topped with seared salmon, soybean paper, and spicy mayo
- Clark Special Roll** ..... \$7.95  
Spicy crunchy tuna, topped with sweet potato tempura; spicy light sauce
- Crazy Roll** ..... \$6.95  
White tuna and Jalapeno inside; topped with salmon and tuna
- Dragon Roll** ..... \$6.95  
Eel & cucumber inside, topped with avocado
- Fantastic Roll** ..... \$7.95  
Tuna, yellowtail, salmon, avocado, Japanese mayo, & fish roe
- Godzilla Roll** ..... \$6.95  
Spicy tuna inside; eel and avocado on top; with teriyaki sauce and tobiko
- Happy Roll** ..... \$6.95  
Spicy tuna, eel, & avocado inside; banana tempura on top with teriyaki sauce
- Kamikaze Roll** ..... \$7.95  
Shrimp tempura and avocado inside; spicy tuna and salmon on top; with wasabi sweet soy sauce
- King Kong Roll** ..... \$6.95  
Spicy crunchy crab inside, banana tempura on top, with teriyaki sauce
- Lobster Roll** ..... 7.95  
Lobster Salad, avocado, soybean paper
- Metro Roll** ..... \$6.95  
Crab, cucumber, avocado inside; topped with sliced tuna
- New Wave Roll** ..... \$6.95  
Spicy tuna inside; yellowtail, salmon, and avocado on top
- Rainbow Roll** ..... \$6.95  
Crab stick, cucumber, avocado inside, topped with tuna, salmon, fluke, white tuna
- Snow Maki Roll** ..... \$6.95  
Tuna, salmon, white fish, cucumber, avocado, with white seaweed
- Spider Roll** ..... \$6.95  
Soft shell crab tempura, cucumber, avocado
- Super Kaniboy Roll** ..... \$6.95  
Tuna, salmon, and yellowtail inside; spicy, crunchy crab on top
- Suzuki Roll** ..... \$7.95  
Shrimp tempura, mango, avocado, asparagus, soy bean paper, with coconut sauce
- Triple Tempura Roll** ..... \$7.95  
Sweet potato tempura, shrimp tempura, and avocado, banana tempura on top with teriyaki sauce
- Volcano Roll** ..... \$6.95  
Crabmeat, cucumber, and avocado inside; spicy tuna on top
- Yummy Roll** ..... \$7.95  
Shrimp tempura & avocado inside, spicy crunchy crab on top

Extras:

Crunch - \$.50 • Inside Out - \$1.00 • Brown Rice - 50c  
Extra Vegetable - \$1.00 • Soy Bean Paper - \$1.00

## Lunch Specialties

11:30 am to 4:00 pm

Served with Miso Soup & Green Salad

- SUSHI LUNCH** ..... 6.95  
1 California roll, 5 pcs. sushi (Kani, Eel, Tuna, Salmon, Fluke)
- SASHIMI LUNCH** ..... 7.95  
9 pcs. assorted seafood (Tuna, Salmon, Fluke)

## Sushi Specialties 6.95

Two Rolls of Your Choice,  
Served with Miso Soup & Ginger Salad  
Spicy Tuna • California • Cucumber  
Avocado • Spicy Salmon • Salmon  
Eel • Tuna • Spicy Crab • Crab

## A La Carte

Suchi / Sashimi / Hand Roll

SUSHI: 2 PIECES PER ORDER  
ROLL: 6 PIECES PER ORDER  
SASHIMI: 2 PIECES PER ORDER  
HAND ROLL 1 PIECE CONE STYLE

- Salmon \$3.95**
- Smoked Salmon \$3.95**
- Tuna \$3.95**
- White Tuna \$3.95**
- Yellowtail \$4.95**
- Fluke \$3.95**
- Mackerel \$3.95**
- Eel \$3.95**
- Shrimp \$3.95**
- Crabstick \$3.50**
- Octopus \$4.95**
- Scallops \$3.95**
- Ikura Salmon Roe \$3.95**
- Tobiko Flying Fish Roe \$3.95**
- Masago Smelt Roe \$3.95**